KILKENNY COUNTY COUNCIL LIBRARY SERVICE



Get lost in a good book for IRELAND READ



reland Reads is a campaign to get the whole country reading this month in the lead up to a national day of reading on Saturday, February 24th. Libraries in Kilkenny aim to celebrate reading and all the benefits it can have for wellbeing and enjoyment.

The campaign is asking everyone to 'Get Lost in a Good Book' on Ireland Reads Day, Saturday, February 24th

Why is reading important?

Research shows that reading for pleasure is really important for all of us - no matter our age.

For children, of course, it has a hugely positive impact on their cognitive development and literacy. For adults, studies have found that read



ing for pleasure enhances empathy, understanding of the self, and is effective in combatting loneliness.

It doesn't matter for how long you read, or what you read. Nor does it matter whether you're an avid reader, a réluctant reader, a lapsed reader or a new reader-this campaign is for you.

Sogo 'Get Lost in a Good **Book' on Ireland Reads** Day, Saturday, February

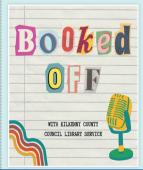
Not sure what to read? No problem!

The Ireland Reads web-

site offers book recommen- How can people access dations suited to a person's interests and the time they have available. There are more than 1,500 recommendations from librarians all around the country, including Kilkenny.

You can simply enter your favourite type of book and how long you would like to read each day and the website will offer a suitable book suggestion and work out how long it will take to complete. So, you can set yourself a reading challenge if you want-a couch to 5k for books! Go to www.irelandreads.ie for further information and to get a recommended read or share a recommendation with friends and family!

Alternatively, you could listen to Kilkenny Libraries podcast on Soundcloud or through the Kilkenny Library webiste where library staff Johanna, Sinead and Rachel discuss their favourite reads of 2023 and what they are looking forward to



hooks?



Library members can borrow books from their local branch and request books from a catalogue of 13 million items through the interconnected national library catalogue.

And Ireland Reads is not just about books - if you want to read a magazine, a newspaper or a comic, that's great too! There is lots to discover on our Online Library: www.kilkennylibrary.ie PressReader and Libby have thousands of magazines and newspapers. Comics Plus gives free access to hundreds of manga and graphic novels for both children and adults.

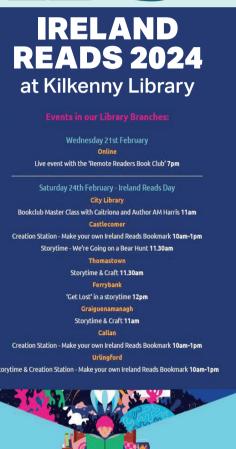
Attend an event

Libraries all over the Kilkenny will be celebrating Ireland Reads throughout February as Saturday 24th approaches. We are encouraging everyone to make a date to visit your local library on Ireland Reads Day to take

part in an event or just to see what's on offer there - we think you might be surprised with all that is available. You can sign up or renew your membership-just remember to bring photo ID and proof of address

Share on social media

We are encouraging people to share how they are going to #GetLost for #IrelandReads. Share what you will be reading or where you will be reading on social media, tell others about your favourite books or recommend some reads to your followers. Follow @KilkennyLibrary on Facebook, Instagram or Twitter to keep up to date on all our activities.



Kilkenny County Library Services

CALL OUT FOR CITATORS

Submissions are invited to join a panel for **Programming Facilitators**



Download Application Form at: kilkennylibrary.ie/eng/news/

Or Email: Aideen, McDonald@kilkennylibrary.ie

IRELAND READS

ADULT FICTION

JUNIOR FICTION

ADULT NON FICTION YOUNG ADULT



AS GAEILGE

RECOMMENDED READS







Application deadline extended to end of February